



# First Aid Box Checklist

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Unit/Department:
Name of First Aider:
Year:

	CONTENT	QTY	MONTHS												
			A	M	J	J	A	S	O	N	D	J	F	M	
1	Wound cleaner/antiseptic (100mℓ)	1													
2	Swabs for cleaning wounds	1													
3	Cotton wool for padding (100g)	1													
4	Sterile gauze	10													
5	Forceps (for splinters)	1													
6	Blunt nose scissors (min size 100mm)	1													
7	Set of safety pins	1													
8	Triangular Bandages	4													
9	Roller bandages (75mm x 5m)	4													
10	Roller bandages (100mm x 5m)	4													
11	Roll of elastic adhesive (25mm x 3m)	1													
12	Non-allergenic adhesive strip (25mm x 3m)	1													
13	Adhesive dressing strips (assorted sizes)	10													
14	First Aid Dressing (75mm x 100mm)	4													
15	First Aid Dressing (150mm x 200mm)	4													
16	Straight splints	2													
17	Disposable latex gloves, Pairs (2 x L – 2 x M)	4													
18	CPR mouth pieces or similar devices	2													
	Inspect on a monthly basis to date and sign checklist:														
	Date of inspection:														

DEVIATIONS TO REPORT:  
 (Deviations where found are to be reported per month, per item listed on the first aid box contents checklist)

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